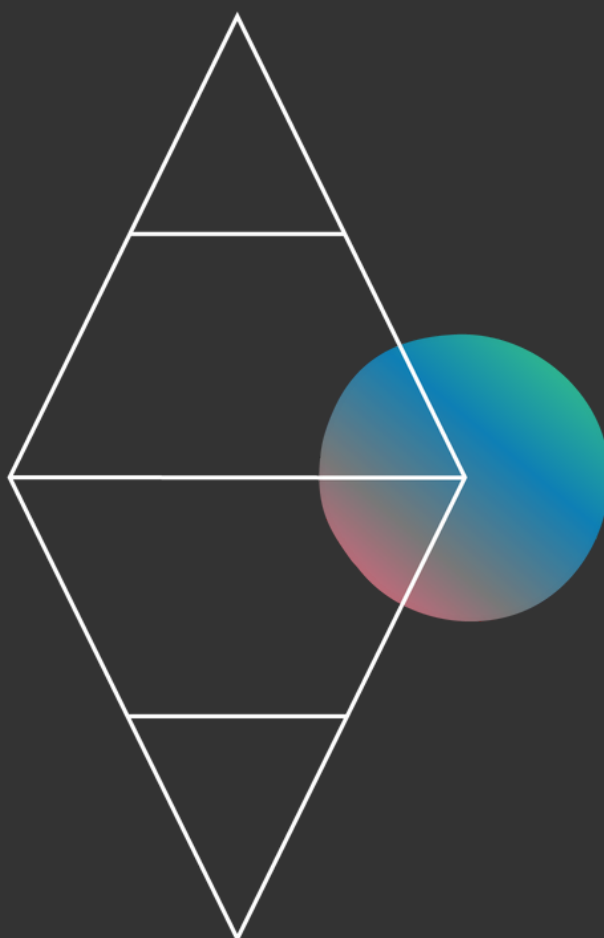




PSYCHEDELICS  
TODAY

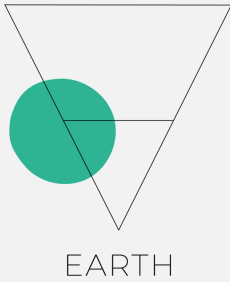


# VITAL

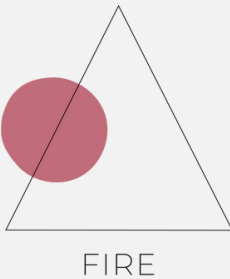
A 12-month personal and professional initiation into the  
elements of psychedelic therapy and integration.

April 2023 – April 2024

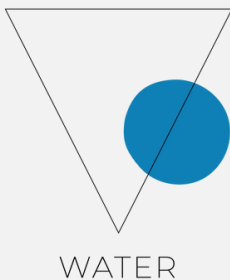
# THIS IS VITAL.



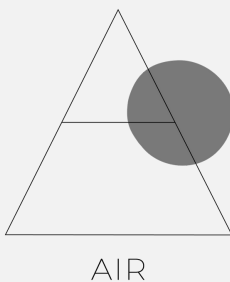
EARTH



FIRE



WATER



AIR



ETHER

The psychedelic resurgence is here and its promise to change the current mental health paradigm is nothing short of revolutionary. As more people seek to take control of their healing and transformation using psychedelic medicine, it's vital that we support them with the utmost integrity, compassion, and knowledge. And it all starts with education.

Here at Psychedelics Today, we've been serving the psychedelic movement for a combined 15 years. On our mission to teach the safe and ethical use of psychedelics, we have initiated over 11,000 students through our courses, with over 500 clinicians completing our 9-week Navigating Psychedelics course. Through our world-class educational programs, we are training the future leaders who will bring this vision to life.

Whether you're a medical, wellness, or mental health professional, we created Vital to support you in incorporating psychedelic integration practices into your work so you can confidently step into your life's mission and to serve your clients and your community.

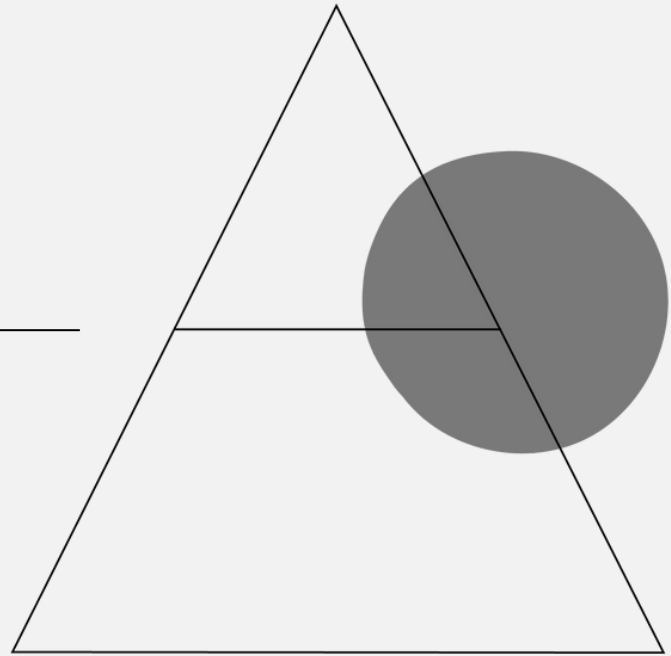
Inspired by the five elements of nature, this program will take you on a profound journey toward personal and professional wholeness. By engaging with the elements of the course, you will expand your knowledge, jump into the fires of transformation, learn to navigate the deep waters of the unconscious, ground your journey in safe and ethical practices, and most importantly, create space for profound transformation to occur and be integrated.

Our 12-month journey begins on April 17, 2023. We hope to see you there.

# STRUCTURE OF THE COURSE

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## LEARNING STYLE



### **Weekly live lectures - entire cohort**

A live, 2-hour webinar taught by a special guest and followed up by Q&A. Each lecture is offered live every Tuesday from 2:00 p.m. to 4:00 p.m. EST and recorded on our learning platform.

### **Weekly study group - small group**

A 90-minute study group led by two of the course's core faculty to deepen your understanding of the course material and integrate the learning. Relational and process-oriented format of the groups will encourage the students' initiative to form their own understanding of the taught material.

### **Electives**

During two brief curriculum breaks, there will be a series of pre-recorded and live webinars to choose from. Each elective will have its own focused study group. Based on your personal preference, you will choose one course for each elective cycle. If you wish to choose more than one elective, you can do so at an additional cost.

### **In-Person Retreats**

As a student, you are required to attend one an in-person retreat. There will be U.S. and overseas locations with variable prices that are not covered in tuition. During each retreat, you will have the opportunity to participate in 2-3 experiential sessions. These sessions will utilize breathwork to familiarize students with non-ordinary states of consciousness. In addition, students will cultivate foundational skills in ethical space holding by sitting for other students undergoing transformative experiences.

## **Experiential Elective**

We believe that working with psychedelics requires a strong commitment to one's inner process. For this reason, our students will be asked to engage in an independent experiential elective of their choice in their communities or elsewhere. For example, a student may attend a weekend breathwork workshop, meditation retreat, Internal Family Systems workshop, Somatic Experiencing workshop, or engage in legal ketamine-assisted therapy sessions.

## **Final project**

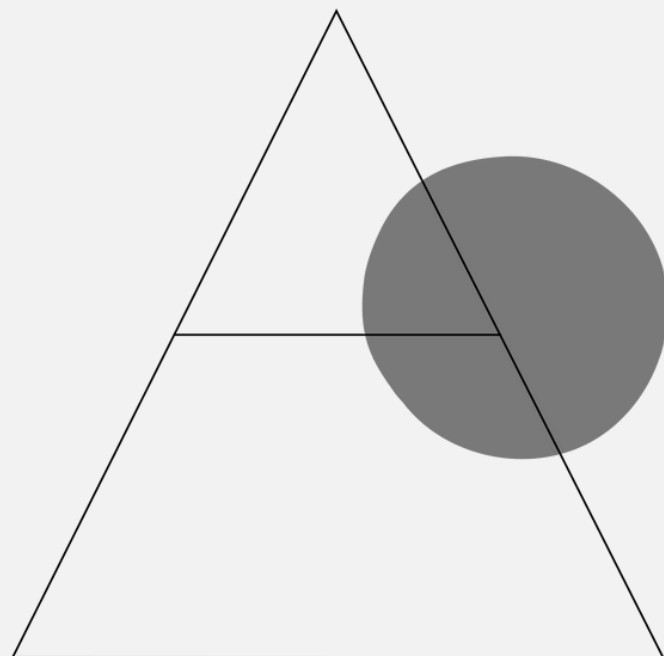
To graduate, you will be required to create a personal project that showcases how you intend to take your learning and experience forward. This could be a presentation of a business idea, a paper, an article, or a plan to expand your practice to include psychedelics. The final project could also explore your own integration process with an experience you have had.

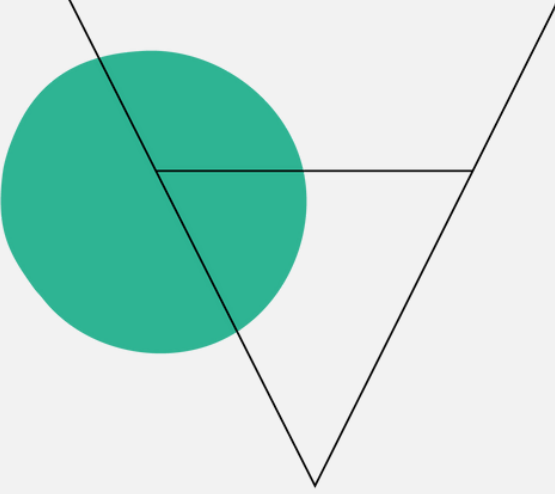
## **Online community platform**

As a student, you will automatically receive free membership to Psychedelics Today's online community platform. This platform will be used for webinars, chat forums, resource sharing, community building and much more. To support your growth after the course, you will also receive a complimentary premium membership to our online community platform for 12 months following graduation.

## **Optional peer study groups**

We will support students to organize their own optional peer study groups to continue their growth, education, and community building outside of regularly scheduled class times.





# STRUCTURE OF THE COURSE

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## CORE CURRICULUM

The lectures in the Core Curriculum are mandatory and are offered live in a webinar format including participant Q&A and facilitated discussion. These classes will take place every Tuesday from 2:00 p.m. - 4:00 p.m. EST.

A detailed syllabus and course outline will be available once enrolled in Vital.

\*Course topics/classes are subject to change.

### **Introduction Call:**

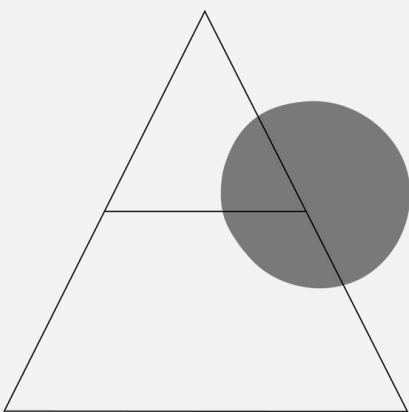
Monday, April 17 at 2:00 p.m. EST

### **Core 1: Psychedelic Foundations: Historical and Current Approaches**

April 18 - June 13, 2023

Topics include:

- Psychedelic History: Overview of Bicycle Day
- Exploring Indigenous Traditions and Wisdom
- The Early Psychedelic Years
- Transpersonal Psychology and Research
- The Resurgence of Psychedelic Research
- Global Psychedelic Landscapes & Emerging Fields
- Foundations of Psychedelic Therapy and Practices



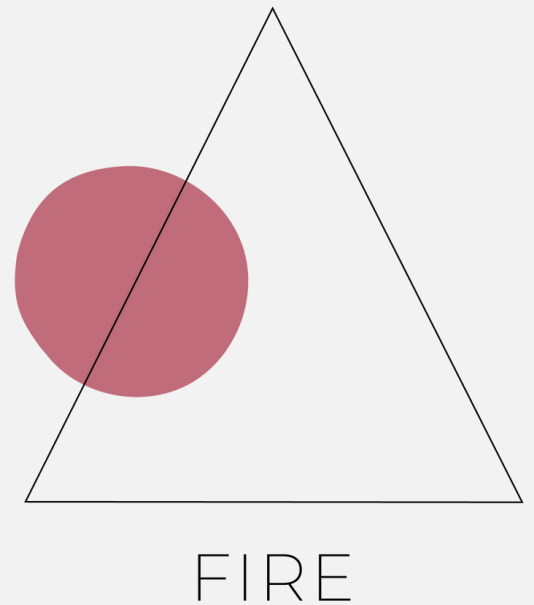
AIR

## Core 2: Preparation, Harm Reduction, and Clinical Evaluation & Assessment

June 27 - August 1, 2023

Topics include:

- Harm Reduction Practices
- Psychedelic Psychopharmacology
- Psychedelic Preparation
- Medical Assessment
- Psychological Assessment
- Clinical Intake and Assessment: Clinical Harm Reduction



## Summer 2023

Elective Module + Retreat

*\*Retreat dates are subject to change*

### Retreat Option 1

#### Colorado

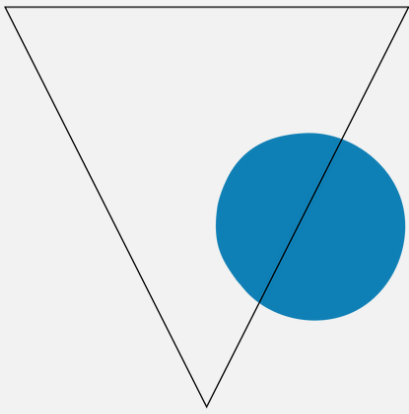
June 30 - July 5, 2023

### Retreat Option 2

#### Europe

August 30 - September 4, 2023

If in-person retreats are cancelled or postponed due to potential Covid-19 restrictions, the curriculum will be delivered online.



WATER

## Core 3: Space Holding & Navigating the Psychedelic Experience

September 19 - November 14, 2023

Some of this module will be reviewed live during each student's experiential retreats.

Topics include:

- Preparation - Set & Setting
- Pillars of Psychedelic Therapy
- Trauma-Informed Space Holding and Transpersonal Considerations
- Working with Challenging Experiences
- Ethics of Space Holding
- Bodywork and Therapeutic Touch
- Music Theory & Playlist Curation
- Clinical Skills for Psychedelic Therapy

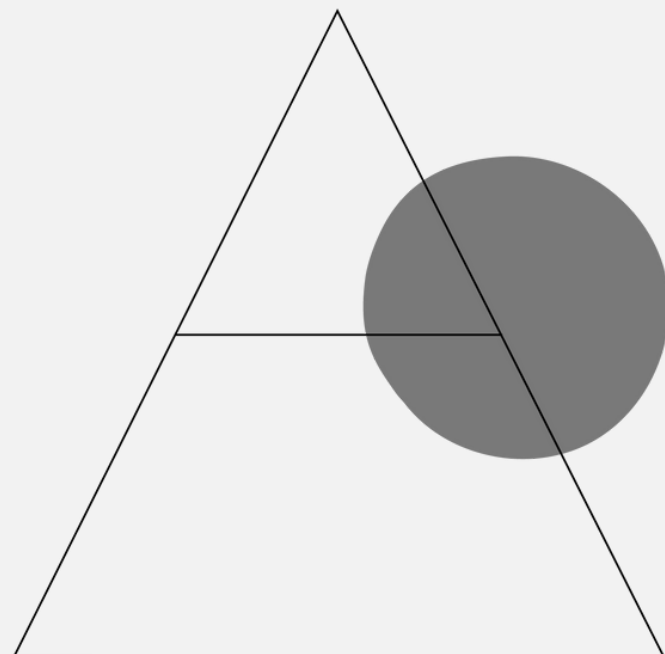
## Fall/Winter Elective Options

Weeks of November 28 - December 19

The live elective will be a mix of pre-recorded lectures, live classes, and study groups. Students will meet four times per elective. Elective times will vary depending on instructor availability.

*\*Elective topics are subject to change*

- Psychedelic Neuroscience
- Microdosing Psychedelics
- Building your Psychedelic Career
- Ketamine & Trauma Treatment
- Ecopsychology & Psychedelics



## Winter 2024

Elective Module + Retreat

\*Retreat dates are subject to change

### Retreat Option 3

#### U.S. East Coast

November 10 - November 15, 2023

### Retreat Option 4

#### Location TBD

January 3 - January 8, 2024

### Retreat Option 5

#### Location TBD

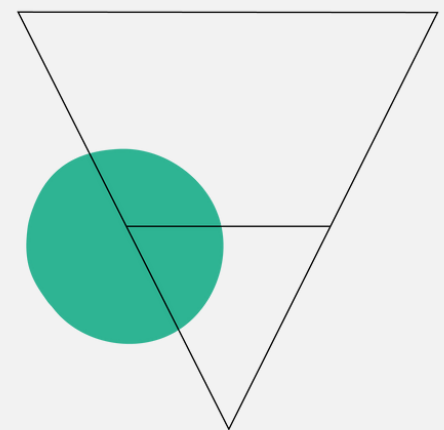
January 11 - January 16, 2024

## Core 4: Clinical Research in Psychedelics

Pre-recorded material with four live webinars on Mondays from January 1 - 22, 2024

Topics include:

- MDMA-Assisted Psychotherapy for PTSD
- Psychedelic Therapy for Addiction
- Psilocybin for Depression
- Microdosing Psychedelics
- Pain and Psychedelics
- Ketamine-Assisted Psychotherapy
- Psychedelics and Death & Dying



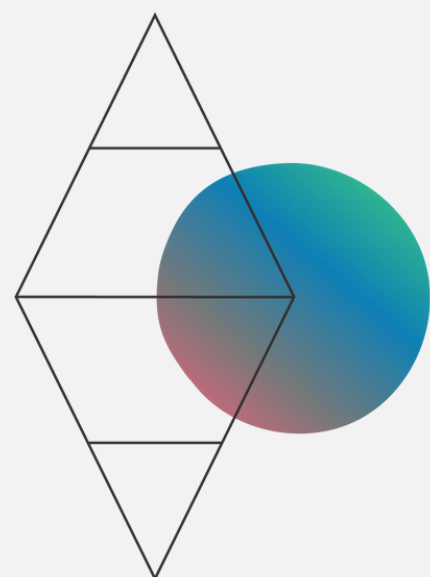
EARTH

## Core 5: Psychedelic Integration & Therapy

January 23 - April 2, 2024

Topics include:

- Integration Treatment Planning & Meaning Making
- Jungian Approach - Working with Archetypes and Symbols
- Somatic & Breathwork Practices for Integration
- Emotion-Focused Therapy and Psychedelics
- Internal Family System & Integration
- Working with Challenging Integration Experiences
- Spiritual Emergencies & Existential Crisis
- Embodiment: Moving It Forward

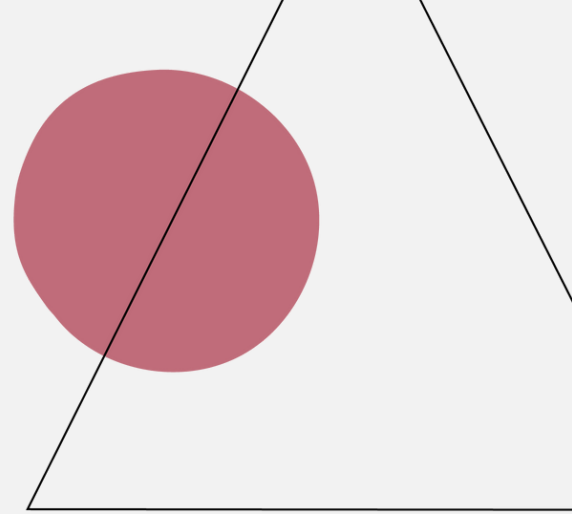


ETHER



# GRADUATION REQUIREMENTS

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## **In-Person Retreat**

To make sure that you choose the retreat that best suits you, we will be offering multiple options throughout the course duration. Potential locations for these retreats include the United States, Costa Rica, United Kingdom, and Europe.

The purpose of participating in one of our retreats is to provide you with valuable, personal experience with non-ordinary states of consciousness. In each retreat, you will have the opportunity to engage in 2-3 experiential sessions. Vital uses breathwork as a modality to help to provide a foundation for understanding how to hold space for psychedelic experiences.

Please note that your course tuition does not include travel or lodging: each retreat will have varying prices between \$1,500-\$3,500 (not including travel) depending on accommodations. We work with trusted retreat centers and partners and do our best to offer you most affordable rates. More information about travel, lodging, food, and experiential work will be released closer to the retreat dates.

Current retreat times (exact locations to be announced at a later date):

- 2 retreats in July/August/September 2023
- 3 retreats in December 2023/January 2024
- All retreat options are being planned and more information will follow

\*Due to the uncertain nature of public health and travel restrictions due to Covid-19, retreat dates and formats are subject to change. Should an in-person retreat be cancelled, we will offer you another program, either in-person at a later time, or a virtual breathwork experience.

## Experiential Elective

In addition to the in-person retreat experience, we ask that you participate in an experiential elective of your choice outside the course, like a retreat or workshop. The elective needs to be pre-approved by course instructors and needs to offer you more experience with non-ordinary states of consciousness. This includes, but isn't limited to, breathwork weekend workshops, ketamine-assisted therapy, meditation retreats, or somatic therapy. More information will be provided in the course about the requirements.

## Final Project and Certification

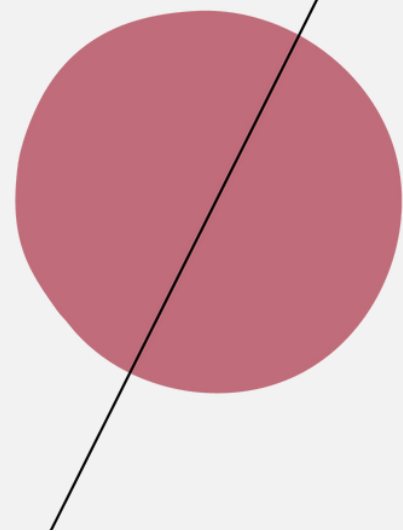
To complete the program, you will need to complete a final project or presentation, which you will present online in your study group at the end of the course. This final project will be a culmination of your experience within the program, and depending on your journey, you can focus on personal or professional integration, as explained below.

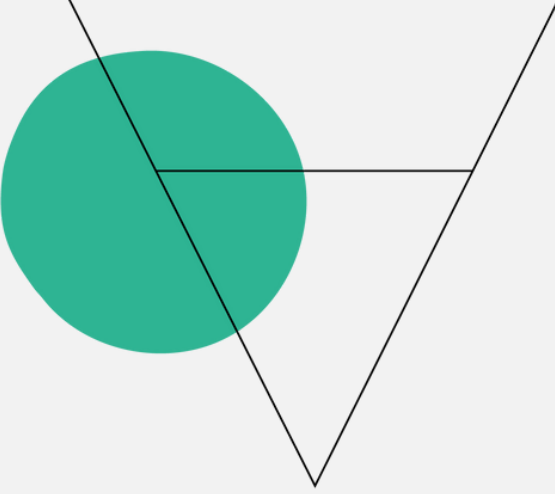
### Personal integration:

If you choose to focus on your personal transformation, we encourage you to work with a life experience that holds significance. Your integration project can be a form of art (drawing, painting, music, etc.) or other creative expression that helps move the experience forward. Expressive pieces need to be accompanied by a short (2-3 pages) process paper about the experience.

### Professional integration:

You can also choose to engage in a professional integration project where the content is oriented more towards your knowledge and practice. For example, you may write a scholarly article about psychedelics, create a business idea, explore theoretical frameworks, or share how you will incorporate this into your existing practice. The format can be a Powerpoint presentation or a 3-5 page paper.





# GRADUATION REQUIREMENTS

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## **Winter/Summer Electives**

**In order to graduate you need to complete two electives from the options provided during the two elective cycles.**

Electives are offered during the summer and fall/winter breaks. They are a great opportunity to dive deeper into any topic or approach that interests you. During each curriculum break you will enroll in one elective.

Although only two electives are included with the course, you can purchase access to more electives at a discount - get in touch for further details.

For past Psychedelic Today students who have completed any of the pre-recorded electives, we ask that you take a course that you have not taken before.

# YOUR TEACHING TEAM

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## CORE INSTRUCTORS



**Kyle Buller, M.S.**

Co-Founder & Vice President of Education and Training at Psychedelics Today, B.A. in Transpersonal Psychology, M.S. Clinical Mental Health Counselling & Somatic Psychology.



**David Drapkin, LCSW**

Director of Education at Psychedelics Today. Psychotherapist with Social Work Masters Degrees from UNSW and Nottingham University.



**Johanna Hilla-Maria Sopenen, Ph.D.  
Candidate**

Student at the University of Exeter in Philosophy, Psychology, and Religious Studies with a Masters degree from University of Groningen.



**Michael Sapiro, Psy.D**

Clinical psychologist, psychedelic-assisted therapist, Dharma teacher, meditation researcher, writer, workshop and retreat leader, and former Buddhist monk.



**Melanie Pincus, Ph.D.**

Neuroscientist, Adjunct Assistant Professor at Columbia University, and independent researcher studying the impact of psychedelics on neuroplasticity.



**Lindsey Owens, Ph.D. Candidate**

Four-time spontaneous mystical experiencer, PhD student in psychedelic-assisted psychotherapy, and certified Spiritual Emergence Coach.

\*Subject to change.



**Angie Leek, LMFT, LPC-S, RY**

Transpersonal and somatic psychotherapist, licensed marriage and family therapist, professional counselor, and a clinical supervisor.



**Steve Rosonke, M.D.**

Dr. Steven Rosonke, M.D. is an Emergency Medicine Specialist in The Dalles, OR and has over 21 years of experience in the medical field.



**Matt Brown, D.O.**

Dr. Brown is a double board certified psychiatrist and treats children, adolescents and adults.



**Kwasi Adusei, DNP, PMHNP**

Psychiatric mental health nurse practitioner, co-founder of the Psychedelic Society of Western New York.



**Jasmine Virdi**

Freelance writer for Synergetic Press. She is currently pursuing an MSc in Spirituality, Consciousness, and Transpersonal Psychology at the Alef Trust.



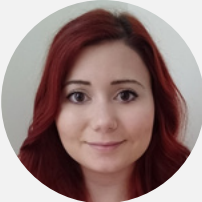
**Diego Pinzon, M.A**

Bachelor of Science in Psychology from the University of Canberra and a Masters in Transpersonal Psychology from Sofia University in Palo Alto, California.



**Dominique Morisano, Ph.D., C. Psych**

Clinical psychologist, professor, researcher, and Co-Founder of the non-profit conference, "From Research to Reality: Global Summit on Psychedelic-Assisted Therapies and Medicine."



**Eirini Argyri Ph.D. Candidate**

Doctorate Student and Research Assistant at the University of Exeter, United Kingdom. She received her Masters of Science from University College London.

\*Subject to change.

# YOUR TEACHING TEAM

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## GUEST INSTRUCTORS



**Adele Lafrance, Ph.D., C. Psych.**

Clinical psychologist, research scientist, author and co-developer of emotion-focused treatment modalities.



**Devon Christie, M.D.**

Medical Director At Numinus Wellness, certified Relational Somatic Therapist and Registered Therapeutic Counsellor.



**William A. Richards, Ph.D.**

Clinical Psychologist at Johns Hopkins Center for Psychedelic and Consciousness Research and author of *Sacred Knowledge: Psychedelics and Religious Experiences*.



**Manesh Girn, Ph.D. Candidate**

Chief Research Officer at EntheoTech Bioscience and a Ph.D. Candidate in Neuroscience at McGill University.



**Kylea Taylor, M.S.**

Marriage and Family Therapist, Consultant specializing in InnerEthics®, and author of "The Ethics of Caring."



**Omar Thomas**

Founding Advisor of Diaspora Psychedelic Society, member of the Jamaican Diaspora Task Force on Behavioral Health, and CEO of Jamaican Organics.

\*Subject to change.

Guest instructors may present live or provide a pre-recorded class.



**Annie Mithoefer, B.S.N.**

Registered nurse, MAPS-sponsored researcher and trainer, Grof-certified Holotropic Breathwork Practitioner.



**Michael Mithoefer, M.D.**

Senior Medical Director for Medical Affairs, Training and Supervision at MAPS, Grof-Certified Holotropic Breathwork Facilitator.



**Ben Sessa, M.D.**

Chief Medical Officer at Awakn Life Sciences, MDMA & psilocybin therapist, academic writer, psychedelic psychopharmacology researcher.



**Sam Gandy, Ph.D.**

Ph.D. ecologist, writer, speaker, and collaborator with the Centre for Psychedelic Research at Imperial College London.



**Byron Metcalf, Ph.D.**

Transpersonal guide and educator, shamanic practitioner, researcher, and professional musician.



**Lenny Gibson, Ph.D.**

50 years of experience working with non-ordinary states of consciousness. He is a past president of the Association of Holotropic Breathwork International.



**Lynn Marie Morski, M.D., Esq.**

Mayo Clinic-trained physician, attorney, former adjunct law professor. President of the Psychedelic Medicine Association, Host of the Psychedelic Medicine Podcast, and Medical Director for Nue Life Health



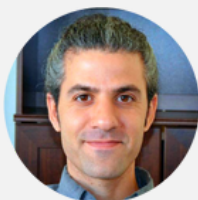
**Andrew Tatarsky, Ph.D.**

Founder & Executive Director of The Center for Optimal Living in NYC, creator of Integrative Harm Reduction Psychotherapy (IHRP).

\*Subject to change.

Guest instructors may present live or provide a pre-recorded class.





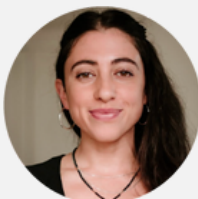
### Ido Cohen Psy.D

Depth psychologist, co-founder of The Integration Circle, offering preparing or integration support for expanded states of consciousness.



### Ayize Jama Everett, M.A. M.F.A.

Fiction writer, practicing therapist, and Master's of Divinity teaching *The Sacred and the Substance* at the Graduate Theological Union.



### Juliana Mulligan, LMSW

Owner/Recovery Coach at Inner Vision Ibogaine Psychedelic, Program Coordinator at The Center for Optimal Living.



### David Luke, Ph.D.

Associate Professor of Psychology at the University of Greenwich and Honorary Senior Lecturer at the Centre for Psychedelic Research, Imperial College.



### Peter Sjöstedt-H, Ph.D.

Philosopher of mind and metaphysician specializing in Whitehead and Nietzsche, and in fields pertaining to panpsychism and altered states of sentience.



### Richard Schwartz, Ph.D.

Developer of the Internal Family Systems (IFS) model, adjunct faculty of the Department of Psychiatry at Harvard Medical School.



### Joe Tafur, M.D.

Family physician and author trained in ayahuasca curanderismo at the Nihue Rao Centro Espiritual in Peru. Joe offers integrative medical services at the Ocotillo Center for Integrative Medicine in Phoenix, Arizona.



### Bennet A. Zelner, Ph.D.

Associate Professor of Business and Public Policy at the Robert H. Smith School of Business at the University of Maryland, College Park.

\*Subject to change.

Guest instructors may present live or provide a pre-recorded class.





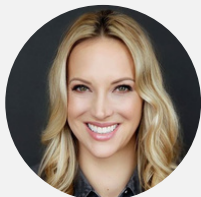
**Luis Eduardo Luna, Ph.D.**

Senior Lecturer at the Helsinki Swedish School of Economics. Contributed to establishing the USKO-AYAR Amazonian School of Painting in Pucallpa, Peru.



**Courtney Barnes, J.D.**

Attorney in California and Colorado specializing in highly regulated natural compounds, founding partner at Barnes Caplan LLP, Counsel at Feldman Legal Advisors PLLC.



**Veronika Gold, M.A., LMFT**

Psychologist, co-founder and CEO of Polaris Insight Center. She provides Psychedelic Integration Therapy and serves as a consultant, trainer, and presenter on Psychedelic Assisted Therapies.



**C.J. Spotswood, MSN, APRN, PMHNP**

Aka "EntheoNurse". Board certified psychiatric-mental health nurse practitioner with 20 years of psychiatric nursing experience.



**Laura Mae Northrup, MFT**

Educator, somatic psychotherapist, podcaster and author Radical Healership, a spiritually-informed guide for healing practitioners.



**Michael Sapiro, Psy.D**

Clinical psychologist, psychedelic-assisted therapist, Dharma teacher, meditation researcher, writer, workshop and retreat leader, and former Buddhist monk.



**Rick Strassman, M.D.**

Author of "DMT: The Spirit Molecule," and Adjunct Associate Professor of Psychiatry, University of New Mexico School of Medicine.



**Erika Dyck, Ph.D.**

Professor at the University of Saskatchewan, and author specializing in the history of psychedelics and their relation to the medical industry.

\*Subject to change.

Guest instructors may present live or provide a pre-recorded class.



**Ashleigh Murphy-Beiner, Ph.D.**

Co-Founder, Association for Psychedelic Therapies, and member of the Psychedelic Research Group at Imperial College London.

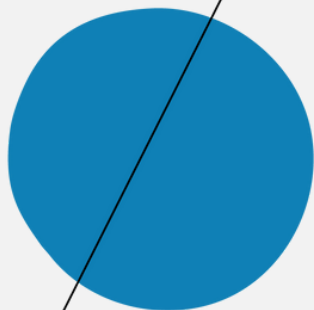


**Charles Nichols, Ph.D.**

Professor of Pharmacology and Experimental Therapeutics at LSU Health Sciences Center, New Orleans, LA.

\*Subject to change.

Guest instructors may present live or provide a pre-recorded class.



# ELIGIBILITY CRITERIA

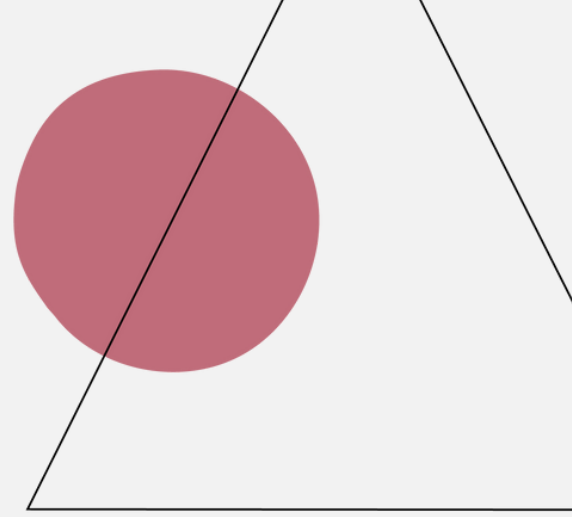
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**This course is designed for professionals who are looking to incorporate psychedelic integration modalities in their therapeutic practice. We welcome a wide variety of medical and mental health specialists, therapists, and wellness practitioners. If you don't see your specialization below, please get in touch to discuss your application with us.**

- Advanced Alcohol and Drug Counselors (LAADC with MA)
- Attorneys in counseling specialties (JD)
- Behavioral Analysts (BCBA/BCBA-D with MA/MS or PhD)
- Certified Nurse-Midwives (CNM with MS)
- Chaplains (M.Div.)
- Clinical and Counseling Psychologists (PhD/PsyD)
- Clinical Social Workers (LCSW)
- Coaches
- Counseling Nutritionists (RD, RDN, CNS, or CCN with MA/MS)
- Death Doulas
- Facilitators
- First Responders
- Harm Reduction Specialists
- Marriage and Family Therapists (LMFT)
- Massage Therapists
- Meditation and Mindfulness Teachers
- Naturopathic Doctors (ND)
- Nurse Practitioners (NP with MS)
- Occupational Therapists (OT with MA/MS)
- Ordained Clergy and Commissioned Chaplains (with M.Div. + 4 units of CPE)
- Pharmacists (MS or PharmD)
- Physical Therapists (PT with MA)
- Physician Assistants (PA)
- Physicians and Psychiatrists (MD/DO)
- Professional Clinical Counselors (LPCC/LPC)
- Somatic Practitioners
- Registered Nurses (BSN or higher)
- Traditional Chinese Medicine practitioners (TCM with MA/MS)
- Yoga Teachers

# HOW TO APPLY

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## **Applications close midnight EST April 7th 2023**

Please submit all required materials before midnight on **April 7th**.

Early bird discounts are available to students submitting their payments before certain deadlines (see Payment Plans & Scholarship section below for more information).

Applications will be reviewed in order of submission and on the condition that they are fully complete. Spaces will be offered based on eligibility and order of submission, with priority to JEDI scholarships.

Once your application is reviewed and accepted, you will have two weeks to secure your spot by submitting a non-refundable \$1,000 deposit. If you do not pay the deposit, your place will be passed on to the next student. Once you have paid the deposit, you will have until April 7th (latest) to pay your tuition, either in full, or start a payment-plan.

As spaces are limited, we expect that some applicants will not be offered a place in Vital during this cohort – these applicants are encouraged to apply for future cohorts. All applicants will be informed about their admission by email.

# HOW TO APPLY

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## What to include in your application

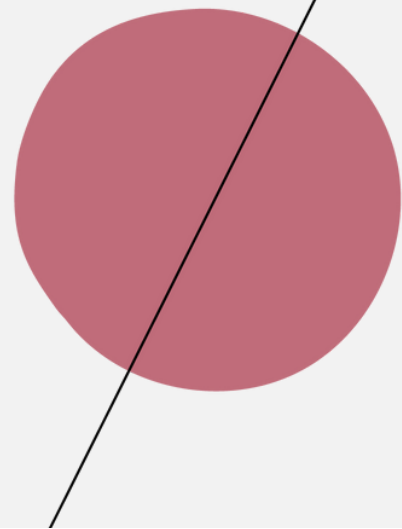
Please submit your application including any scholarship requests and the \$75 non-refundable application fee via [our portal](#).

Applications consist of:

- Application fee
- Vital Certificate Application Form
- Personal statement (pdf or word document)
- Resume or Curriculum Vitae
- Your credential documents (for degrees, license, ordination and/or commission)
- Scholarship Application Statement (optional)

For your application to be considered, **all materials need to be submitted by April 7th**, with the understanding that spaces are limited and may have been filled before this deadline. As soon as all places have been filled, we will close the application process and no longer accept applications for the 2023/24 cohort.

If you have any questions regarding online application submissions, please get in touch with us at [vital@psychedelicstoday.com](mailto:vital@psychedelicstoday.com)





# PAYMENT PLANS & SCHOLARSHIPS

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Upon being formally accepted for admission to the Vital course, students then have two weeks to secure their place by paying an initial deposit of \$1,000.

Following this, students will then have until April 7th to pay the remainder of the tuition in full or to make their first installment of an approved payment plan.

Full payment - \$10,000 if paid before **January 29** (\$1,000 off), or \$10,300 (\$700 off) before **March 3, 2023**

Installments (all subject to Early Bird discounts described below)

- 3 installments - \$3,734
- 6 installments - \$1,867
- 12 installments - \$950

\*Prices above are reflected after the initial \$1,000 deposit. Total tuition (not including retreats) is \$12,000.

Please note, all base rates listed may be subject to national or regional sales tax, depending on applicable sales taxes (HST, VAT, etc.) in your area. Any applicable taxes will be calculated automatically on checkout.

All prices listed are in USD. \*Payment plans: Your account will be debited each month starting on the initial payment date. For example, if you pay on Jan 12th, your account will be debited on Feb 12th.

## **Early Early Bird Discount by January 29th**

- Pay in Full - \$1,000 off total price
- Payment Plans - \$500 off total price
- Access to Vital Book Club (from February to April 2023)

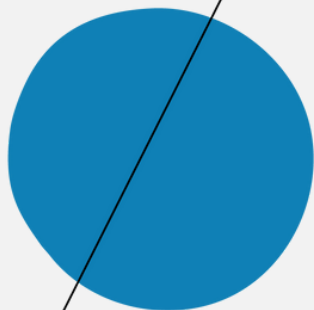
## **Early Bird Discount by March 3rd**

- Pay in Full - \$700 off total price
- Payment Plans - \$300 off total price

\*Your \$1,000 deposit and your tuition payment (either in-full or the first payment in your payment plan) must be received in advance of these dates in order to qualify for any discounts. Scholarship recipients are not eligible for Early Bird discounts.

## **Vital Winter Book Club**

Students who submit their deposit by January 29, 2023 will be invited to an early kick-off book club, which begins before class commences in February 2023.



# PAYMENT PLANS & SCHOLARSHIPS

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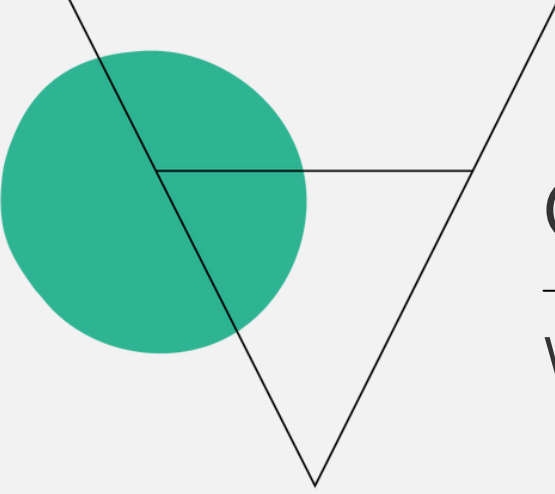
**Fair access to psychedelic medicine begins with fair access to the essential education that shapes future practitioners.**

Scholarships are awarded on a case-by-case basis and are reserved for:

- \* Those in demonstrated financial need
- \* Those identified as BIPOC
- \* Those identified as LGBTQ+
- \* Those who are military service members/veterans
- \* Those who are serving marginalized communities

To apply for a scholarship, make sure you include a statement with your application detailing your identification with any of the groups above and, if needed, your financial situation. Please feel free to let us know about any relevant organizations or groups you're involved with.

\*Scholarship recipients are not eligible for any Early Bird discounts.



# COURSE POLICIES

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## WITHDRAWAL & DEFERRALS

You can choose to withdraw or defer at any point during the course by sending a written request to [vital@psychedelicstoday.com](mailto:vital@psychedelicstoday.com)

Once your request is processed, you will receive any funds due by check depending on the date of your request, your payment plan, or any scholarship awarded. Upon withdrawing or deferring, you will lose access to all pre-recorded materials and online memberships.

### Withdrawal guidelines for tuition paid in full and payment plans

- Before Sunday, April 23, 2023:

you will be refunded all tuition paid to date, minus your \$1,000 non-refundable deposit.

- Before Monday, May 22, 2023:

you will be refunded 75% of your paid tuition minus your \$1,000 non-refundable deposit.

- Before Monday, June 26, 2023:

you will be refunded 50% of your paid tuition minus the \$1,000 non-refundable deposit.

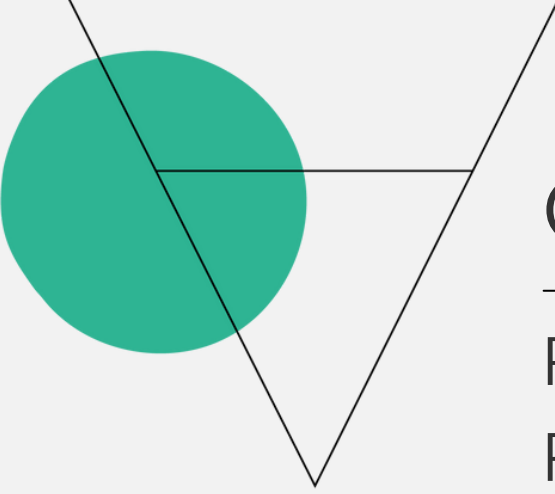
- After Monday, June 26, 2023:

you can no longer be refunded any amount of the tuition fee or the \$1,000 non-refundable deposit.

### Payment Plans:

Your payment plan will be cancelled and you will not be charged for your remaining tuition.





# COURSE POLICIES

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## RETURNING TO THE PROGRAM IN THE FUTURE

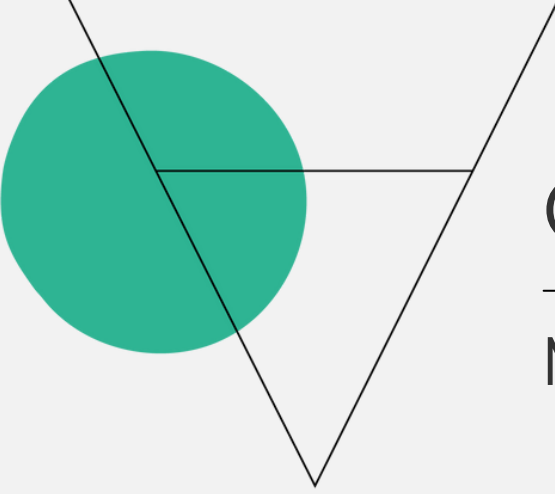
If you choose to **withdraw** from the course, you're welcome to re-apply at any time in the future by following the program's guidelines and submitting a new application fee. Once admitted to the new program, you will need to pay the entire amount of tuition and complete all the coursework.

If you choose to **defer**, you have the option to return to the program at a later date without re-applying by paying a non-refundable deferment fee of \$500. Payment of this fee guarantees you receive credit for any payments from your original year's tuition and for all classes already attended, without having to repeat them in your new year. If you are on a payment plan, your payments will be cancelled and you will not receive a refund for the course material that you have already completed.

To receive **Continuing Education hours or credits** for the classes attended in your original year, you will need to submit a request with the Course Administrator prior to the date of your withdrawal or deferral.

You will need to attend all of the Live course sessions that you signed up for to receive credit. Any missed hours/classes will result in a loss of CE credits.

Once you withdraw or defer the program, you will lose access to any previously awarded **scholarships**. To receive financial aid, you will need to resubmit an application.



# COURSE POLICIES

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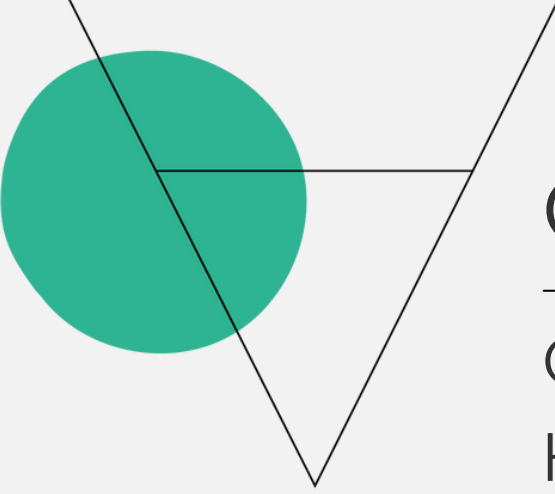
## MISSED CLASSES

**In order to receive the certificate, it's mandatory that you complete the entire curriculum, including all lectures, study groups, one in-person retreat, two live electives courses of your choice (summer/winter), and your final integration project.**

In addition to the course content, we will schedule Vital webinars on relevant subjects. The students are encouraged to attend, and may also request to present at these webinars.

If you think you will miss one or two classes per module, please get in touch with one of the course managers as soon as possible.

If you miss more than 30 hours for the entire length of the program, you will be asked to make up for these in the next cohort, in 2024. You will only be awarded the certificate once these hours are completed.



# COURSE POLICIES

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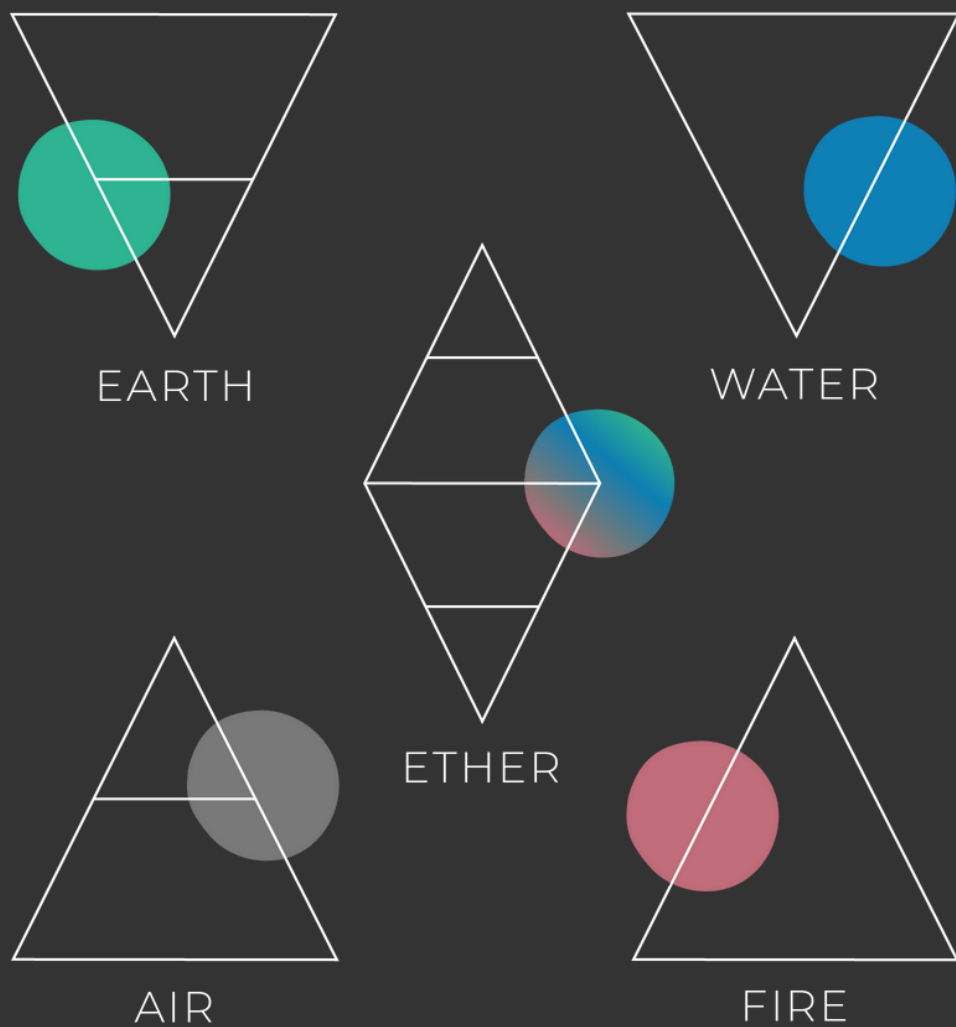
## CONTINUING EDUCATION HOURS AND CREDITS

CE credits and number of hours are pending approval.

CE credits will be available at an additional cost.

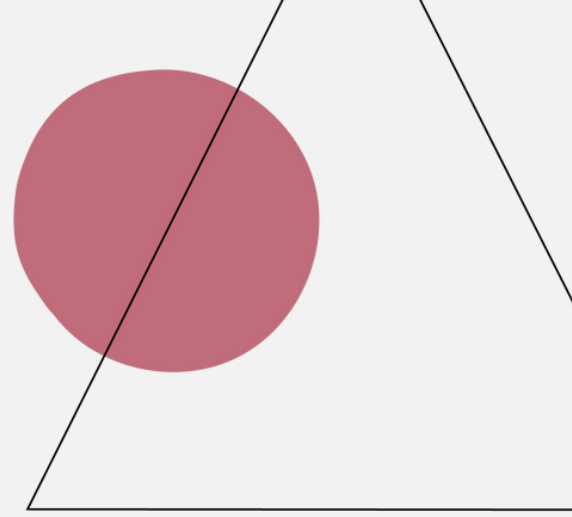
Thank you for your interest in Vital. If you have any questions, we would love to hear them! Get in touch at: [vital@psychedelicstoday.com](mailto:vital@psychedelicstoday.com)

Apply [here](#).



# FAQ

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## **Course delivery**

Where are classes held? Will I need to travel to attend class?

All classes are 100% digital! We've designed the course to be completely remote so that students can learn from anywhere in the world. All you need is a reliable internet connection and a device capable of streaming videos and videoconferencing – most laptops, tablets and even smartphones will work. While there is never any travel requirement to attend classes, students are required to travel to attend one of our in-person experiential retreats (at an additional cost).

What if I miss a class?

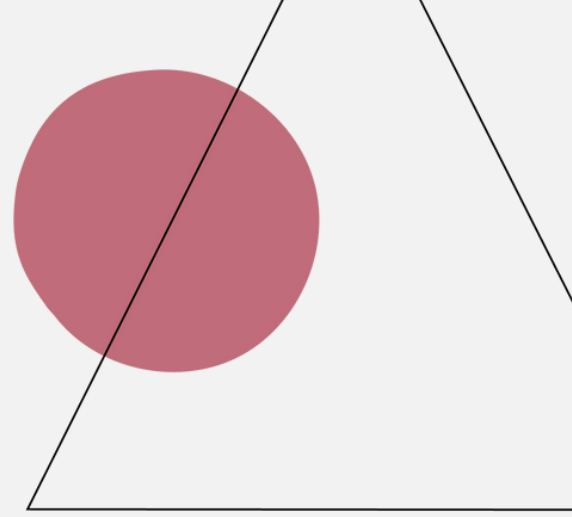
All lectures are recorded on the platform for review any time. There are minimum attendance requirements that students need to adhere to in order to remain in the program and successfully graduate. Weekly live study groups are especially important to attend in real time rather than simply watching the recordings due to their small-group format and interactive nature. Please refer to the curriculum for full detail about making up

Will I work with other students in the program?

Each week, Vital core faculty will hold 90-minute open study groups to help deepen your understanding of course material and integrate learning. We believe openness and sharing is valuable to learning, especially in the realm of psychedelics. Vital offers students a safe space to be heard and to listen.

# FAQ

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## **Course delivery**

What will I learn that will prepare me for working with psychedelics?

Vital is designed to equip participants with the knowledge they need to move their existing practice forward. Every student is different, and Vital will appropriately challenge you to reflect on your unique intentions, goals, and vision. Students will learn the art and skills of psychedelic therapy and integration as well as gaining a new insight into how to translate this into meaningful personal and professional growth.

Do I need to purchase textbooks?

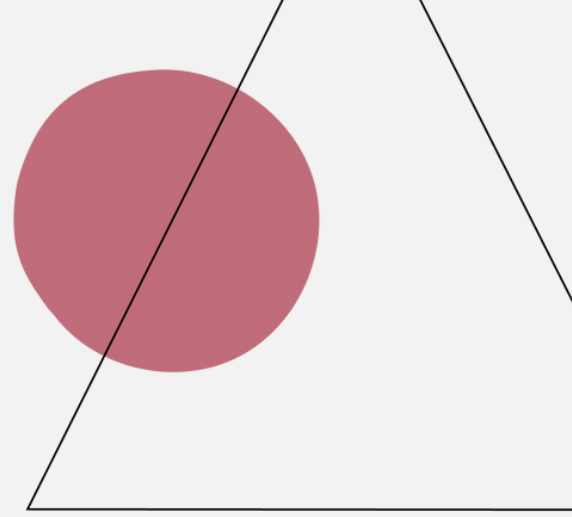
The majority of mandatory course materials are digital, and are included with tuition. Should additional reading mandatory materials be required, students will be notified by the teaching team. Each of our five online modules will have optional book lists to purchase additional study materials. We welcome you to invest in these special books but your learning will not be directly held back if you choose not to purchase them.

How long will the course materials be available to me?

We want you to have permanent access to answers and inspiration you need to inform your future practice. We provide students with access to all course materials and do not have an expiry date on this offering! As long as the internet still works, they'll be there!

# FAQ

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## **Course delivery**

What type of mentorship is available to students?

Each week, students will participate in a two-hour live webinar-style lecture with one of Vital's expert teaching team. An interactive Q&A discussion follows each lecture. Students will also attend weekly study groups with their particular home group. These peer interactions will also be supplemented by 24 months of free membership to the new Psychedelics Today online community platform. This virtual community enables students to find each other and find their own unique voice and idiosyncratic interests. Students are also encouraged to join together in peer-support groups, this has been very helpful in the past. Regular office hours are available with instructors to ask questions not covered in class time.

How long is the program?

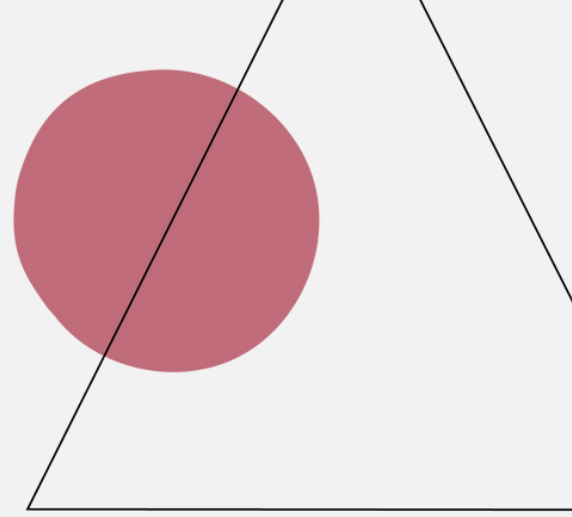
Vital is a 12-month certificate program, made up of five core modules between 6-10 weeks duration. The program commitment is 180 hours, though additional electives and intensive lectures are available as add-ons.

How much time is required per week?

During the five Core modules there will be weekly classes and study groups. Every student will attend the live, 2-hour webinar taught by a special guest and followed up by Q&A. There will also be a weekly 90-minute study group where each student can choose the day/time that best suits their schedule. These are closed small groups of students led by two of the course's core faculty. We also expect students to spend at least 2 hours a week reading articles/books, watching Masterclass videos, listening to podcast episodes and engaging in conscious reflection and integration of personal insights.

# FAQ

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## **Course delivery**

When does Vital begin? When does it end?

On April 17, 2023 we will host an introduction class to run through logistics and housekeeping, and to explain the rationale behind the creation of Vital. The first class starts on April 18. Vital classes wrap up on April 2, 2024, following submission and grading of Final Projects. During the final week, we will have breakout sessions for students to present their projects in their study groups. After students' grades are assessed and hours are counted, they are awarded a Certificate in Psychedelic Therapies and Integration.

## **Retreats**

Is the retreat mandatory?

Participation in one retreat is mandatory for program completion. We've structured our retreat options to accommodate students with varying needs and interests, and will be happy to help you find the best one for you!

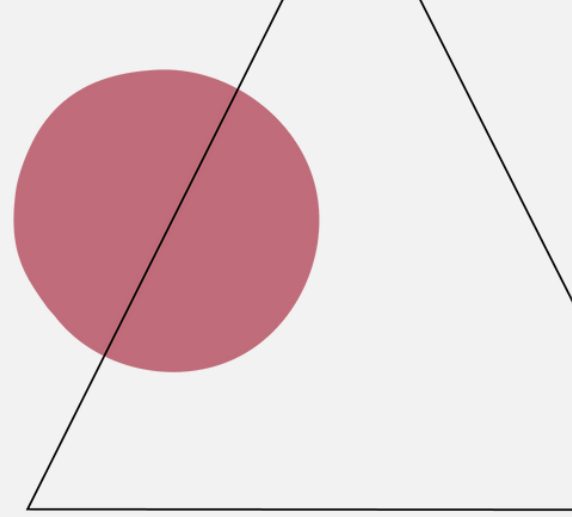
When do the retreats take place?

Vital has six retreats planned for our students to choose from. Two retreats will be held in July/August/September 2023. Three retreats in December 2023/January 2024. Other retreat options are being planned and will be released soon. Retreat dates are subject to change. Updates will be provided throughout the course.



# FAQ

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## **Retreats**

What if I can't travel because of Covid or other restrictions?

Restrictions on domestic/global travel are very difficult to predict. If a student is unable to attend a Vital retreat due to travel restrictions, the Vital team will review their situation and potentially authorize an independent experiential retreat instead.

Is a health screening necessary to take part in the retreat?

It is highly likely that these retreats will require some kind of health screening prior to entering a communal in-person event. Full details will be provided closer to the date of each retreat, due to the unpredictability of current events.

## **Fees & Scholarships**

Are scholarships or other financial aid available?

Scholarships are awarded on a case-by-case basis, and are reserved for people who:

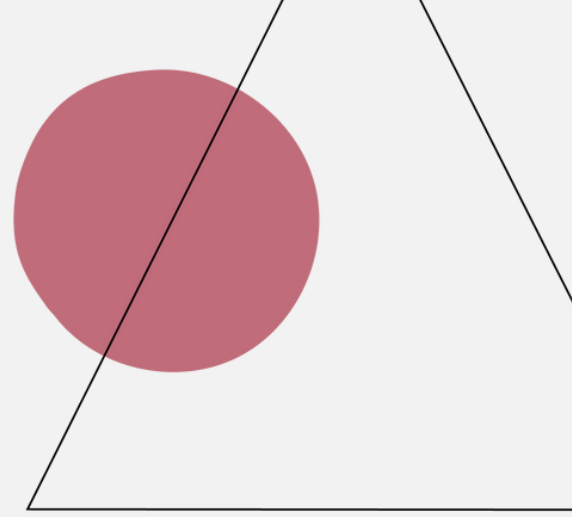
- Demonstrate financial need
- Identify as BIPOC
- Identify as LGBTQ+
- Are military service members or veterans
- Serve marginalized communities

To be considered for a scholarship, complete a Scholarship Application Statement and include it with your application.

\*Please note: scholarship recipients are not eligible for Early Bird discounts.

# FAQ

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## **Fees & Scholarships**

What are the payment options available?

After being formally accepted for admission to the Vital course, students will have two weeks to submit a \$1,000 non-refundable deposit, that will be deducted from the total amount of tuition. This secures their place in the program. After the deposit is paid, students will then need to either pay the full tuition amount or begin their payment plan. Please note that if you do so early, you are eligible for an Early Bird discount.

- **Payment in full** — \$10,000 if paid in full before January 29 (\$1,000 off), or \$10,300 (\$700 off) before March 3
- **3 Monthly installments** — \$3,734
- **6 Monthly installments** — \$1,867
- **12 Monthly installments** — \$950

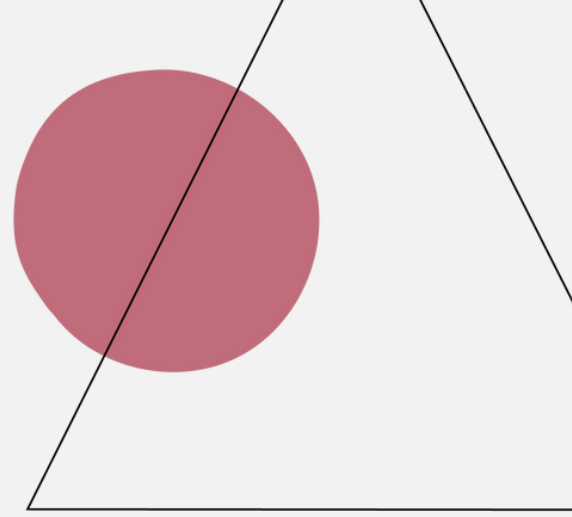
\*Prices above are reflected after the initial \$1,000 deposit. Total tuition (not including retreats) is \$12,000. All base rates listed may be subject to national or regional sales tax, depending on applicable sales taxes (HST, VAT, etc.) in your area. Any applicable taxes will be calculated automatically on checkout. All prices listed are in USD. The monthly installment will be collected on the day of the month that students begin their payment plan (for instance, if you submit your first installment on the 12th of January, the next installment will be automatically withdrawn from your account on the 12th of February).

**Why is the amount I see on the checkout higher than in the brochure?**

The total fee at checkout will be higher due to regional taxes which vary by country. Psychedelics Today cannot impact the amount of taxes, and it is the students responsibility to pay them.

# FAQ

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## **Fees & Scholarships**

### **When are fees due?**

After paying their \$1,000 deposit, students must also submit their first tuition payment by April 7th in order to begin Vital. Students who submit their first tuition payment by January 29 will be accepted into the Vital Winter Book Club. Students must also be in good standing regarding academic and tuition requirements in order to successfully graduate and receive their certificate.

### **Do you offer an Early Bird discount?**

Yes! We offer two tiers of discounts, Early Early Bird, and Early Bird:

#### **Early Early Bird –**

- Pay in Full by January 29 – \$1,000 off total price
- Payment Plans by January 29 – \$500 off total price
- Enrollment in the Vital Book Club (from February to April 2023)

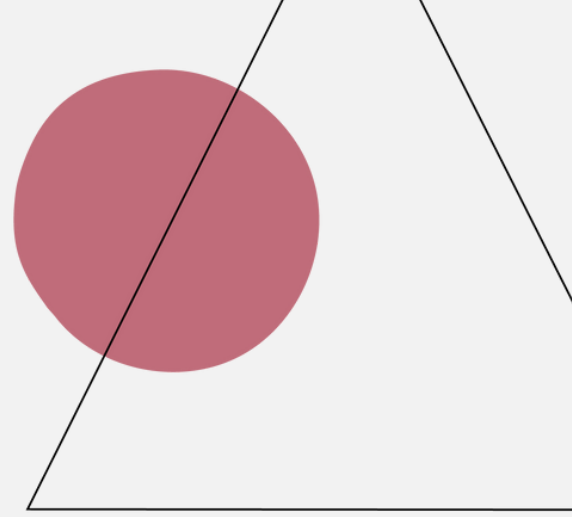
#### **Early Bird –**

- Pay in Full by March 3 – \$700 off total price
- Payment Plans by March 3 – \$300 off total price

\*Please note: Your \$1,000 deposit and your tuition payment (either in-full or the first payment in your payment plan) must be received in advance of these dates in order to qualify for any discounts. Scholarship recipients are not eligible for Early Bird discounts. All early admissions will automatically receive an email confirmation with coupon codes that give them access to the discounts.

# FAQ

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## **Applying and admissions**

What are the admission requirements? Do I need to be licensed to apply?

While no license or prerequisites are required to apply, Vital was designed for practicing professionals who are looking to incorporate psychedelic knowledge and integration modalities into their therapeutic practice. We welcome a wide variety of medical and mental health specialists, therapists, and wellness practitioners. And while the material will be geared towards clinical professionals who serve clients, the program is not limited to licensed mental health professionals.

Is there an application fee?

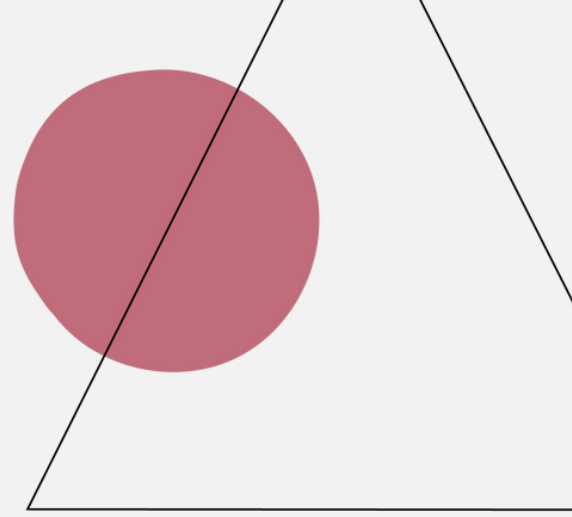
Yes. The application fee is \$75 USD (non-refundable), and is due at the time of application. Please submit your payment after you have submitted your application form. Applications without payment will not be accepted for review.

How do I get accepted to the Vital Winter Book Club?

Students who are accepted to Vital, submit their deposit and make their first tuition payment by January 29 will be invited to the Vital Winter Book Club, which runs during February and March before class commences. This year, students will be reading and discussing Dr. Stanislav Grof's, "The Way of the Psychonaut" book.

# FAQ

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## **Applying and admissions**

What happens after I apply?

Our team will review your application once submitted. You may be asked to formally interview with a Vital team member over Zoom. If you are accepted into the program, we will contact you to let you know that you have been accepted. You will then have two weeks to pay your \$1,000 deposit to confirm your offer. After paying the deposit, you will need to secure your spot **before Ap 31**, either by paying your tuition in full or by paying your first installment of a payment plan. As spaces are limited, we expect that some applicants will not be offered a place in Vital during this cohort but are still welcome to apply for future years. Unsuccessful applicants will be informed by email.

**Will there be a waitlist system used for applications?**

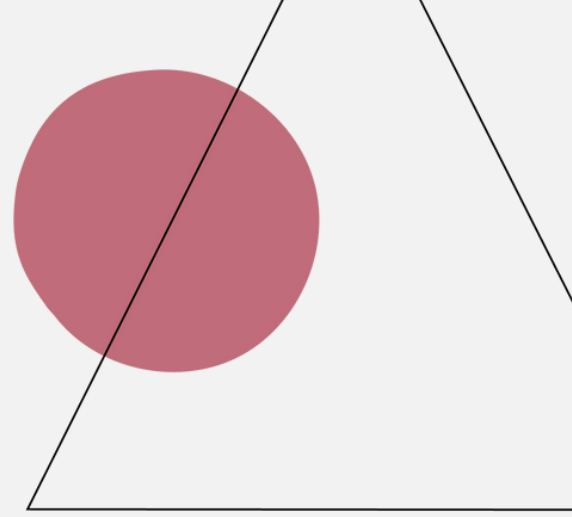
Applications will be given preference based on experience, credentials, date of application being received and JEDI status. Students that are not automatically accepted into Vital will be added to a waitlist. Students on this waitlist will still be considered for a space once more applications have been reviewed.

**Is prior experience with psychedelics mandatory?**

No. However, we do encourage our students to have completed some previous psychedelic education and have a basic understanding of psychedelics.

# FAQ

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## **Applying and admissions**

When is the application deadline?

Registrations for Vital close midnight EST February 28, 2023. Applications are reviewed on an ongoing basis which means that preference is given to students applying early and that all the available spaces may have been filled by February 28. As soon as all places have been filled we will close the application process and no longer accept applications for the 2023/24 cohort.

I forgot something in my application. Can I still submit it?

While we may have already processed your application, please send us any outstanding documents as soon as you can. You can reach our team at [vital@psychedelictoday.com](mailto:vital@psychedelictoday.com).

## **Certification**

What will I receive when I complete the program?

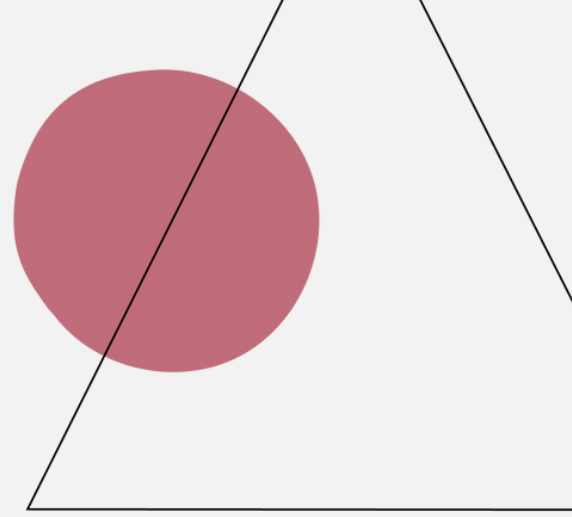
Successful Vital students will be awarded a Certificate in Psychedelic Therapies and Integration following completion of all required assignments, electives, final project, one retreat and required in-class time.

Does certification mean I am legally authorized to work with psychedelics?

This certification does not give you additional legal ability to do anything with psychedelics that you are not currently allowed to do. Currently, there is no government sanctioned training program that qualifies practitioners to work with psychedelics.

# FAQ

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## **Certification**

What can I do with this certification?

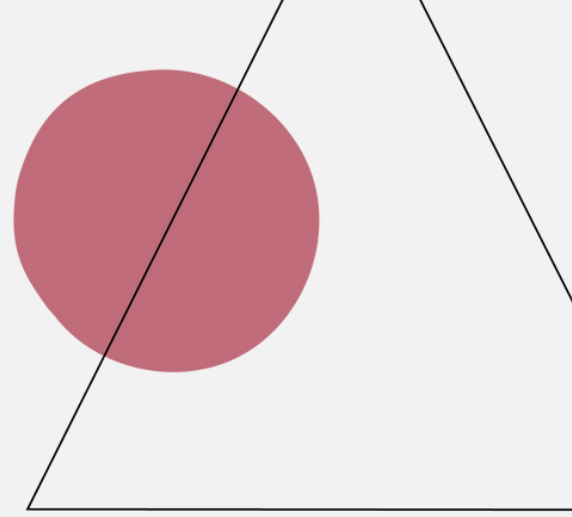
Students who complete the program can apply their certification to their work in various ways. Students will develop competencies to offer psychedelic harm reduction and integration services. Students will gain the skills, knowledge, confidence and community to create their own niche within the psychedelic landscape of their choosing. Whether this is in private practice, R&D, training, retreat centers, ketamine clinics, or MAPS – you will be supremely positioned to take the right steps forward in this rapidly growing field!

Is this certificate applicable to Continuing Education credits?

Upon completion, students may be eligible to receive up to 68 Continuing Education credits (check with your licensing authority). CE credits and number of hours are pending approval. CE credits will be available at an additional cost.

# FAQ

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## **Information on Continuing Education Credit for Health Professionals**

\*CE credits for psychologists are provided by the Spiritual Competency Academy (SCA) which is co-sponsoring this program. The Spiritual Competency Academy is approved by the American Psychological Association to sponsor continuing education for psychologists. Spiritual Competency Academy maintains responsibility for this program and its content.

\*The California Board of Behavioral Sciences accepts CE credits for LCSW, LPCC, LEP, and LMFT license renewal for programs offered by approved sponsors of CE by the American Psychological Association.

\*LCSW, LPCC, LEP, and LMFTs, and other mental health professionals from states other than California need to check with their state licensing board as to whether or not they accept programs offered by approved sponsors of CE by the American Psychological Association.

\*SCA is approved by the California Board of Registered Nursing (BRN Provider CEPI6887) for licensed nurses in California. RNs must retain their certificate of attendance for 4 years after the course concludes.

For questions about enrolling in CE or receiving your Certificate of Attendance, visit Psychedelics Today or email Johanna Hilla:  
[johanna@psychedelicstoday.com](mailto:johanna@psychedelicstoday.com).

For questions about CE, contact Spiritual Competency Academy at  
[info@spiritualcompetencyacademy.com](mailto:info@spiritualcompetencyacademy.com).